

wk1 MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Main Event**

Sausage & mashed potatoes served with seasonal vegetables & onion gravy

Taco Tuesday  
Filled tacos with chicken fajita served with Wedges & salad

Roast of the week served with roast potatoes & seasonal vegetables

Spaghetti bolognese with Garlic bread

Baked fish or fish fingers with chips garden peas or baked beans

**Meat Free**

Vegetarian sausages served with mashed potatoes & corn

Taco Tuesday  
Filled taco with fajita quorn pieces served with wedges & salad

Cheese & tomato turnover served with roasted potatoes & seasonal vegetables

Spaghetti in a rich tomato sauce served with cheese & garlic slice

Tugo cheese tomato pizza slice with chips garden peas or baked beans

**Re-Energize**

Chicken drumsticks, jacket Potatoes with fillings, pasta with Sauces & a selection of daily hot Panini

**Raw Bar**

Great Salads and Proteins Served Daily

**Pudding**

Hot sweet of the day served with custard

Hot sweet of the day served with custard

Hot sweet of the day served with custard

Hot sweet of the day served with custard

Sweet treat of the day

**Desserts**

A selection of fresh fruit pots - fruit jellies homemade muffins and cake selection

# Lunch



wk2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Main Event**

Baked chicken breast served in giant Yorkshire with mash & seasonal vegetables

Taco Tuesday  
Filled tacos with pulled pork & wedges & salad

Roast of the week served with roast potatoes & seasonal vegetables

Minced beef lasagne served with salad & garlic bread

Baked fish or fish fingers with chips garden peas or baked beans

**Meat Free**

Quorn sausage served in giant Yorkshire with mash & seasonal vegetables

Taco Tuesday  
Filled tacos with quorn pieces served with wedges & salad

Vegetarian sausages served with roast potatoes & gravy

Vegetarian quorn mince lasagne served with salad & garlic bread

Tugo cheese & pizza with chunky chips garden peas or baked beans

**Re-Energize**

Chicken drumsticks, jacket Potatoes with fillings, pasta with Sauces & a selection of daily hot Paninis

**Raw Bar**

Crudities, fresh salad bar and proteins served daily

**Pudding**

Hot sweet of the day served with custard

Hot sweet of the day served with custard

Hot sweet of the day served with custard

Hot sweet of the day served with custard

Sweet treat of the day

**Desserts**

A selection of fresh fruit pots / fruit jellies and daily specials

# Lunch



wk3 MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Main Event**

BBQ chicken with herby diced potatoes & seasonal vegetables

Taco Tuesday  
Filled taco with chilli beef served with Wedges & salad

Roast of the day served with roast potatoes & seasonal vegetables

Pork meatballs in a tomato sauce served with spaghetti & garlic slice

Baked fish or fish fingers with chips garden peas or baked beans

**Meat Free**

Quorn sausages with herby diced potatoes & seasonal vegetables

Taco Tuesday  
Filled taco with chilli quorn pieces served with wedges & salad

Roasted Vegetable & Mozzarella turnover

Spaghetti in a rich tomato sauce served with garlic slice & cheese

Tugo cheese & tomato pizza slice with chips garden peas or baked beans

**Re-Energize**

Chicken drumsticks, jacket Potatoes with fillings, pasta with Sauces & a selection of daily hot Panini

**Raw Bar**

Great Salads and Proteins Served Daily

**Pudding**

Hot sweet of the day served with custard

Hot sweet of the day served with custard

Hot sweet of the day served with custard

Hot sweet of the day served with custard

Sweet treat of the day

**Desserts**

A selection of fresh fruit pots, fruit jellies and daily specials

Lunch

