

Appendix 1 – Ousedale School RSE arrangements in addition to The EACT Trust RSE Policy.

Policy Development

The delivery of RSE will be through subject specific lessons and PSHE. The delivery is in line with the values and ethos of Ousedale School. RSE at Ousedale is designed to help young people make confident, responsible and well-informed decisions about their lives. The teaching will not be delivered in isolation but reinforce and complement the school's over-arching aims, vision and values.

The RSE policy should be considered alongside other school policies, in particular, those relating to Anti-bullying, Behaviour, Curriculum, Equal Opportunities, Personal, Social and Health Education and Special Educational Needs

This policy has been developed in consultation with staff, pupils and parents/carers. The consultation and policy development process involved the following steps:

1. Review – National guidance was reviewed by the PSHE Team including the SLT Lead for RSE/PSHE
2. Staff consultation – all school staff were given the opportunity to look at the policy and make recommendations for changes to the curriculum delivery throughout the academic year.
3. Parent/stakeholder consultation – parents/carers and any interested parties were invited to comment on the policy in writing.
4. Pupil consultation – we investigated what exactly pupils want from their RSE annually and through the Student Council groups and Ambassadors.
5. Ratification – once amendments were made, the policy was shared.

The Curriculum

The school remains responsible for what is said to pupils, this includes making sure that any speakers, tools and resources used don't undermine the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.

The Health Education component of the statutory guidance will be reinforced throughout the PSHE Programme. This is to include physical health and fitness, drugs and alcohol, health prevention, basic first aid, the changing adolescent body, mental wellbeing and internet safety.

The following topics may also be taught within our PSHE, Careers Education and Guidance, and other programmes of study.

Attitudes and values

- individual conscience
- moral considerations
- family life
- marriage and stable relationships
- the legal status of marriage
- nurture of children
- respect, love and care
- moral dilemmas
- critical thinking.

Personal and Social Skills

- managing emotions and relationships
- developing self-respect and empathy
- understanding of difference
- absence of prejudice
- appreciation of consequences of choices made
- understanding whether sources of information are trustworthy
- avoidance of exploitation and abuse

Knowledge and understanding

- physical development
- human sexuality
- reproduction
- menstruation
- sexual health
- emotions
- relationships
- Contraception

Curriculum delivery and SEND support

The RSE curriculum has been designed within the PSHE Programme of Study to develop pupils' knowledge and understanding as they progress through Key Stage 3 and 4. The content is shared with the Pastoral and Academic Leaders for each year group prior the commencement of the next half-term. This is to ensure that any staff member who requires support in delivering the content can be put in place. Training is offered as part of the School CPD offer with particular focus on those topic areas that have been identified by staff as a training need.

Teaching Assistants are attached to Year groups at each campus to support those students where sensitive topics are being taught as part of the RSE/ PSHE programme. Pupils are made aware in Assembly of the content of the terms teaching of RSE/PSHE to enable them to seek further information or be prepared for sensitive topic delivery in advance.

All topics are delivered in line with age-appropriate guidance from the Department of Education, parents still have the right to withdraw their child from sex education, but not from the essential content covered in relationship education. In the event of a request for a pupil to be withdrawn from RSE, requests should be put in writing using the form of this policy (appendix 1a). Withdrawal requests will be placed in the pupil's educational record. A meeting to discuss the request with parents/carers will take place and appropriate action will be taken. If a pupil is withdrawn, alternative schoolwork will be supplied to pupils, up to and until 3 terms before the child turns 16. After this point, if the child wishes to receive sex education rather than being withdrawn, the school will arrange this.

Consideration of the content and delivery of RSE in Primary Feeder Schools when designing and reviewing the curriculum offer.

Content and materials will be reviewed regularly by the Assistant Curriculum Lead for PSHE and discussed with the Curriculum Lead and SLT member with responsibility.

The policy and delivery of RSE is coordinated by the Director of Humanities and the Assistant Curriculum Lead for PSHE. The SLT member with responsibility for PSHE, will oversee the delivery of RSE, PSHE and SMSC across the school.