

BIG SiSTER

A programme designed by girls, for girls to help them discover the journey of getting active together

Free* or discounted membership at any Places Leisure centre for girls aged 9-15

*Proof of eligibility required

Want to join us?

Here's what's included...

- Unlimited gym use during Junior Gym hours, plus
- a gym induction (11-15 year olds)
- Unlimited swimming
- Age-appropriate classes including We Move classes
- Free access to Places Leisure App and Virtual Studio which includes a Big Sister channel

[Click here to find out more](#)



**BIG
SiSTER**

**WOMEN
N
SPORT**

SUPPORTED BY

 **Places
for People**

 **Places
Leisure**
Part of Places for People