

Dear Parents and Carers,

As we reach the end of the academic year, I wanted to take a moment to introduce myself properly and reflect on a positive and productive final half term with Year 12.

My name is Jessica South-Greaves, and I recently took on the role of Head of Year 12. Although I've only been in post for this final half term, I previously spent four years as Head of Year at our Olney campus, and I'm thrilled to now be supporting students here during such a crucial stage of their education.

It has been a genuine pleasure getting to know our Year 12 students. I've been incredibly impressed by their enthusiasm, ambition, and the respect they show both in school and during external opportunities. I've thoroughly enjoyed visiting many of them while they were out on work experience — it was fantastic to see how confidently they represented the school in a variety of professional environments. I've also had the chance to attend recent reward trips, where it was lovely to celebrate the students' hard work, and I was proud to be involved in the Head Pupil interviews, which showcased the strength of leadership and character within the year group.

Looking ahead to Year 13 (start date for **all** students; Wednesday 3rd September), there are some important expectations and exciting opportunities to be aware of. As students return in September, we will be reviewing their End of Year Examination results and supporting them in setting clear, focused targets to help them progress. The UCAS process will be a major focus, with continued guidance provided for those exploring university, apprenticeships, or other post-18 pathways. It promises to be a busy, rewarding, and important year as students take the next steps toward their future.

Please also take a moment to familiarise yourself with the updated Sixth Form dress code, which is attached below. We expect students to dress in a way that reflects a professional and respectful environment, in line with what would be expected in a modern workplace. The Sixth Form Team and Tutors will address any concerns where standards are not met, and sanctions may be applied if students do not adhere to the agreed policy.

We also recognise that the summer break can present challenges for some young people. Should any student require wellbeing or mental health support during the holidays, a number of external services are available across Milton Keynes, including **Kooth**, **MIND BLMK**, and **CAMHS**. Further details and contact links are attached below.

Thank you for your continued support. It has been a privilege to step into this role and begin building strong relationships with both students and staff. I hope you all have a restful, enjoyable summer break, and I look forward to working closely with you and your children in the new academic year.

Kind regards,

Jessica South-Greaves | Pastoral & Academic Leader | Year 12 | **Ousedale School** | www.ousedale.org.uk



Mental Health & Wellbeing Support for Young People in Milton Keynes

Mind BLMK – Young Person’s Sanctuary

Evening drop-in safe space for young people in crisis—no appointment needed. Open 7 days a week, 4pm – 10pm.

 Email: YPS@mind-blmk.org.uk

 [Milton Keynes - Mind BLMK](#)

Kooth – Free Online Mental Health Support

Kooth is a free, safe, and anonymous online mental health platform for young people aged 11–25.

Services include: counselling, emotional wellbeing articles, peer support, and self-help tools.

Available 24/7; live chat with counsellors available Mon–Fri 12pm–10pm, Sat–Sun 6pm–10pm.

 <https://www.kooth.com>

YiS – Young People’s Counselling

Six free confidential counselling sessions.

 **01908 604700**

 info@mkyis.org.uk

 mkyis.org.uk

Samaritans Milton Keynes

Free, 24/7 emotional support for anyone struggling to cope.

 116 123 (free from any phone)

 2 Clarendon Drive, Woburn Sands, Milton Keynes MK17 8AG

 jo@samaritans.org

 <https://www.samaritans.org/branches/milton-keynes/>

SHOUT

Free, confidential, 24/7 text support service for anyone in crisis.

 : SHOUT to 85258

 : <https://giveusashout.org>

Arthur Ellis: Mental Health Support

Local charity providing mental health mentoring for young people.

 hello@arthurellismhs.com

 01908 604070

 <https://www.arthurellismhs.com>

REFLECT (MK Council)

Free emotional wellbeing service for children and young people in Milton Keynes.

Age: 11–25

 01908 230 100

 reflect@mkcharity.org

 <https://www.mkcharity.org/reflect>

Dress code:

Lanyards must be worn, around the neck, at all times, while on site

Permitted:	Not permitted
- Chinos or smart trousers - Knitted jumpers, ¼ zip and cardigans - Plain or discreetly logoed high-neck t-shirt, polo and other collared shirts - Skirts and dresses that are at least mid-thigh/knee length - Plain, single colour shoe/trainer - A discreet nose stud is permitted if not doing physical PE lessons - Religious headwear	- Denim (any colour, any type) - Cargo trousers - Tracksuit bottoms - Hoodies - Shorts - Sports tops (i.e football shirts/basketball shirts) - Short skirts or dresses (above mid-thigh unacceptable) - Leggings, of any sort - Sliders, crocs, slide on ugg style shoes) flip flops or sandals not secured by an ankle strap (when in science or DT closed toe shoes must always be worn) - Excessively high heels (over 3 inches) - Cropped tops/tops that show the midriff - Low cut or backless shirts/t-shirts or tops - Vests/thin strapped tops/racer back tops - Large/offensive logos - Beach wear - Pyjamas - Fishnet/ripped tights - Caps/hats of any kind indoors - Jewellery must be removed if doing DT, Food prep or physical PE lessons. - No other facial piercings, must be replaced with clear maintenance piece - Long acrylic nails

See example images below:

Permitted:

		
		
		
	 Example of discreet logo	
		

Not permitted:

