

Free Student Fitness programme

at Middleton Pool and Fitness Centre

Join our free fitness course for local students from Monday, 28th July to Thursday, 21st August. Activities are tailored based on a previous student survey, ensuring your child stays engaged and active with our fitness offerings! Plus, they can enjoy free access to our fantastic pool facilities. Please click the link below for more information.

Monday - Boxercise



3.00pm - 4.00pm

Thursday - Gym



3.00pm - 4.00pm

Everyday



Free use of the pool included

*T&C's apply

[Click here to find out more](#)



To get in touch, please contact
us directly on 01908 610477

Operated by Places for People
Leisure Ltd. in partnership with
Newport Pagnell Town Council

