

## PSHE Provision 2019-2020

1. Careers
2. SMSC
3. Sex Relationships Education
4. Work Related Learning
5. Every Child Matters
6. British Values

Term	Autumn	Spring	Summer
Year			
<b>7</b>	<b>Skills</b> Motivated Introduction to PSHE Respect and Manners** Relationships* Healthy Lifestyles* Careers	Connects ideas Environment (the school environment)*	Curious Independent study Relationships*
<b>8</b>	<b>Skills</b> Curious Discrimination* Team work** Making good choices and peer pressure Chewing gum and littering* Video games debate Life saving <b>Skills</b> Reflective	Questioning Relationships* Life Skills, Alcohol and smoking (adolescence, alcohol, drugs)**	Collaborative Democracy and Justice** Careers*
<b>9</b>	Introduction to British Values* <u>Personal Well-being</u> * Staying Safe Online Social Media Self Esteem and Confidence <u>SRE</u> * Sexual relationships Methods of contraception Inappropriate images <b>Skills</b> Reflective	Collaborative/ Problem solver. <u>Careers</u> * <u>Economic Well-being</u> ** Project- savings, Moving into a new house, budgeting meals.	Curious- for the second half <u>Healthy lifestyles</u> ** Obesity Drugs Alcohol <u>Diversity</u> ** Human Rights Poverty
<b>10</b>	<b>Skills</b> Reflective <u>Diversity</u> * Homophobia Religious Homophobia and Bisexuality Gender stereotypes and Gender Dysphoria Mental health issues <u>SRE</u> * Abusive relationships Being a Young parent Pornography STI's <b>Skills</b> Resilience/ motivation	Questioning <u>Healthy Lifestyles</u> ** Psychoactive drugs Misuse of prescription drugs <u>Personal Well-being</u> ** Anorexia and Bulimia Body Image Identity and Relationships	Collaborative <u>Careers</u> ** <u>Economic Well-being</u> * Credit and Debit Wage slip- Tax/National insurance Mortgages/Rent
<b>11</b>	<b>Skills</b> Resilience/ motivation <u>Careers</u> ** <u>Stress Management</u> ** Assembly <u>Economic Well-being</u> * Democracy*	Reflective <u>Personal Well-being</u> ** Stress and Relaxation Self-harm OCD <u>Diversity</u> * Immigration Racism Religious diversity*	Motivated <u>Stress Management</u> ** <u>Exam Practice</u> Revision techniques

